



Living Forward Giving Back

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Forever Friends

By Minx Boren

*f*orever friends
we are
how could we be
otherwise
so entwined
the stories
of our journeys
that they blur
at the edges
of whose good idea
or silly scheme
it was that sparked
this cherished moment
or that
now revisited
as we curl up
together in the big chair
warming our old bones
with the kindling of
memories
all the while
creating a cozy
haven to cradle
new dreams

kindred spirits
in each other's eyes

we see reflected back
our best selves
held sacred
heart to heart
protected from doubts
by the vigilance
of our shared love
and appreciation

chosen sisterfriends
leaning on each other
in the big chair
and in life
feeling our tenderness
toward each other
reach out
and embrace the world



From the
heart,
mind,
and pen
of Minx Boren

Living Your Legacy
Prayer: Source of Time and Space
Creating Models of Elder Community
The Grandbuddies Program
Serving from Spirit
Book Reviews